

PACKAGE LEAFLET

Package leaflet: Information for the user

Carbocisteine 375 mg Capsules, Hard

{Carbocisteine}

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are same as yours.
- If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Carbocisteine 375 mg Capsules is and what it is used for
2. What you need to know before you take Carbocisteine 375 mg Capsules
3. How to take Carbocisteine 375 mg Capsules
4. Possible side effects
5. How to store Carbocisteine 375 mg Capsules
6. Contents of the pack and other information

1. What Carbocisteine 375 mg Capsules are and what they are used for

Carbocisteine 375 mg Capsules (called Carbocisteine Capsules in this leaflet) contain a medicine called carbocisteine. This belongs to a group of medicines called ‘mucolytics’. It works by making mucus (phlegm) less sticky. This makes the mucus easier to cough up. Carbocisteine 375 mg Capsules are used for problems with the breathing passages (respiratory tract). These problems happen when too much mucus is made or the mucus is too sticky.

2. What you need to know before you take Carbocisteine 375 mg Capsules

Do not take Carbocisteine 375 mg Capsules and tell your doctor if:

- you are allergic (hypersensitive) to carbocisteine or any of the other ingredients of this medicine (listed in section 6).
Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue.
- you have an ulcer in your stomach or gut.

Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking Carbocisteine capsules.

Warnings and Precautions

Talk to your doctor or pharmacist before taking Carbocisteine if:

- You are elderly
- Have had an ulcer in your stomach or gut
- You are taking other medicines known to cause bleeding in the stomach

Pregnancy and breast-feeding and fertility

Carbocisteine is not recommended during pregnancy or breast-feeding

Talk to your doctor before taking this medicine:

Pregnancy:

If you are pregnant, might become pregnant or think you may be pregnant. This medicine should not be taken during the first three months of your pregnancy.

Breast-feeding:

- If you are breast-feeding or planning to breast-feed.

Fertility:

Not Stated

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

Carbocisteine has no or negligible influence on the ability to drive and use machines.
Important information about some of the ingredients of Carbocisteine Capsules.

Carbocisteine 375 mg Capsules contains:

Lactose. This medicine contains lactose. This is a type of sugar. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Carbocisteine 375 mg Capsules

Always take Carbocisteine Capsules exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth
- If you feel that this medicine is too weak or too strong, do not change the dose yourself, but ask your doctor.

How much to take

Adults (including the elderly)

- Usual dose is two capsules, 3 times each day
- If your symptoms improve, your dose should be lowered to one capsule, 4 times, each day.

Use in Children

- Carbocisteine capsules are not recommended for children. A syrup form of this medicine is available for use in children.

If you take more Carbocisteine 375 mg Capsules than you should

If you take more Carbocisteine capsules than you should, tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you have taken. If you take too many Carbocisteine capsules, it is likely that you will get an upset stomach (gastrointestinal disturbance).

If you forget to take Carbocisteine 375 mg Capsules

If you forget a dose, do not worry. Just wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, Carbocisteine capsules can cause side effects, although not everybody gets them.

Stop taking Carbocisteine capsules and see a doctor or go to a hospital straight away if:

- You have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of the lips, face, throat or tongue
- You have blistering or bleeding of the skin, including around your lips, eyes, mouth, nose and genitals. You may also have flu-like symptoms and fever. This may be something called 'Stevens-Johnson syndrome'
- You have blood in your vomit or black tarry stools

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

- Feeling sick (nausea) or being sick (vomiting)
- Diarrhoea
- Stomach pain

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Carbocisteine 375 mg Capsules

Keep this medicine out of the sight and reach of children

Do not use Carbocisteine capsules after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 30°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information

What Carbocisteine 375 mg Capsules contains

Each gelatine capsule contains 375 mg of the active substance, Carbocisteine.

The other ingredients are Magnesium stearate (E572), Anhydrous colloidal silica (E551), Lactose monohydrate, Sodium lauryl sulphate.

Capsule Shell contains Gelatin, Sodium lauryl sulphate, Size 1 golden yellow gelatin capsules containing iron oxide yellow (E172) , Titanium dioxide (E171).

What Carbocisteine 375 mg Capsules look like and contents of the pack

Carbocisteine 375 mg Capsules appear as golden yellow colored cap/ golden yellow colored body, size “1” hard gelatin capsule imprinted “6C1” on cap and “375” on body with black ink, containing white to off white granular powder.

Polypropylene container with polypropylene screw cap, containing 30 or 100 capsules.
PVC/PE/PVdC-Aluminium blister packs of 6, 18, 30 or 120 capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder

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Manufacturer

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet was last revised in 10/2020